TERM 2 WEEK 2 NEWSLETTER

Orama Public School Together in friendship we learn

1098 Darkwood Road Thora NSW 2454 Phone: 6655 8567 email: <u>orama-p.school@det.nsw.edu.au</u> <u>https://orama-p.schools.nsw.gov.au</u>

Giinagay,

Bellingen Show

Learning Space 1 and our Senior Choir Group will be performing at the Bellingen Show on the 24th of May. If your child is involved, please keep this day free so they're able to perform. There's an incredible amount of opportunities to be involved. Visit bellingenshow.com.au for entry details.

<u>Musica Viva</u>

Students from K-6 will be visiting Crossmaglen Public School to participate in the Musica Viva program with our small school network next week. Please provide permission and payment via School Bytes for your child.

<u>School Uniforms</u>

If you have uniforms at home that are no longer being used, please consider sending these into school for another family to reuse. As always, new uniforms are for sale here at school as you need them.

<u>Fundraising</u>

To assist our ongoing fundraising efforts, please start collecting your 10c recycling cans/ bottles. Orama PS will soon be an option to select at the Bellingen recycling unit near Connell Park. We will let you know when this is live.

P&C Email Update

Our P&C is urgently making a final call for new members to avoid a possible closure. The email has recently changed. Please contact oramapublic.pandcassociation@gmail.com



Darrundang (Thank you) Luke Stanley Relieving Principal

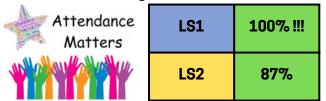




IMPORTANT DATES

| May 15th | Musica Viva at Crossmaglen PS |
|-----------|-------------------------------|
| May 24th | Bellingen Show |
| May 27th | Bundagaree Excursion |
| June 3rd | Compass Music Festival |
| June 13th | Ignite at BHS Year 6 |
| June 27th | Year 6 Leadership Day |

Week 1 Attendance We are aiming for 90% or more!



<u>Gumbaynggirr Focus</u>

Our Gumbaynggirr lesson with Lesley focused on comparative language. Ask your child about these words we're learning:

| LS1 | LS2 |
|---|---|
| barrway + junuy jarligam + yurruun yurruun.ga gaali, burruum, baga-baga + jiina | barrway + junuy -wunba yaam barrway-wunba yaam junuy-wunba |





Community notices included in emailed digital newsletter

Community Notices





The Gallery Cultural Showcase

The Gallery Cultural Showcase will celebrate Aboriginal heritage from the Mid North Coast of NSW, featuring artists, businesses, and creators from the Gumbaynggirr, Dunghutti, Biripi, and Worimi Nations. Be immersed in weaving, language, music, bush tucker, yarning, and creative activities.

The Gallery Cultural Showcase is an opportunity for our communities to support artists, preserve traditional practices and facilitate knowledge transfer from Elders to youth.

24TH









10am to 2pm





The Gallery 6 Park Avenue, Coffs Harbour



Small changes big differences

Circle of Security

Circle of Security (COS) is designed for parents and carers who would like to support their children to build secure relationships

About the program:

- Evidenced based parent-reflective program
- Based on decades of attachment research
- Deals with common-attachment related struggles between parent and child
- Learn simple and practical ways to: Understand your child's emotional world
 - Support your child's ability to manage emotions
 - Enhance the development of your child's self-esteem
- Build secure attachment in your child

Children who are secure experience:

- Better relationships with parents and peers Enhanced school readiness
- An increased capacity to handle emotions

Please note that the number of participants is limited, and bookings are essential.

Additionally, the program is completely FREE.

When: Thursday 22nd May 2025 - 7 consecutive weeks Where:

7 McLean Street Coffs Harbour NSW 2450 10am to 12pm Time:

Contact: T: 6659 2800 or E: unitingcoffsharbour@uniting.org





BELLO YOUTH HUB



Free Tutoring Tuesdays

Maths

Science

English

Everything else

Any year level is welcome

FREE FOOD

Every Tuesday afternoon 3:00 PM

FOR MORE INFO CONTACT: info@belloyouthhub.net 02)66 55 0318

Tuning in to Kids[®]

Emotionally Intelligent Parenting

A parenting program for parents of children aged 3 - 12 years

Learn how to be better at:

- · talking with your child
- understanding your child
- helping your child manage their emotions
- preventing behaviour problems in your child
- · teaching your child to deal with conflict

Tuning in to Kids* shows you how to help your child develop emotional intelligence.

Children with higher emotional intelligence:

- · have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- · tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

- Where: Level 2 Rigby House, 27-29 Duke Street Coffs Harbour NSW 2450
- Wednesday 14th May 2025 When: 10am to 12pm six consecutive weeks

PLEASE CONTACT OUR OFFICE TO REGISTER

Contact: 02 6659 2800 Email: unitingcoffsharbour@uniting.org

Facilitated by Uniting

