

# Orama News

## Orama Public School

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Term 3, Week 9 Thursday September 9<sup>th</sup>, 2021



Orama Public School is grateful for the support we have had from the community.

### We are back!



The current restrictions in the Bellingen LGA will be eased as planned from 12:01am on Saturday 11 September 2021, meaning our school will move to operating under Level 3 conditions as part of our COVID-safe return to school roadmap.

This means all our students will be expected back for face-to-face learning on site from Monday 13 September. The best learning environment for students is in the classroom and we are looking forward to welcoming back our staff and students for the remainder of this term.

This time will be invaluable in re-establishing relationships and reconnecting as a class and school community.

Here's what our families and student can expect when returning to school sites under COVID-safe Level 3 conditions:

- Staff will be required to wear masks indoors and outdoors while on school grounds.

- Only essential visitors will be allowed on site and will be required to check-in and wear masks at all times.
- Parents and carers will need to remain outside of school grounds and follow physical distancing and avoid gathering for drop-offs and pick-ups.
- There will be enhanced daily cleaning of the school and wherever possible we will ensure classrooms will be well-ventilated with open windows.

All students are expected - and will be supported - to return to school for face-to-face learning. While I know this may be an uncertain time for some students and parents I do encourage you to get in touch with us directly.

We are thrilled to welcome students back with our term 3 tradition **Bike Week**. Students are invited to bring their bike and helmet along for a week of fun and some road safety lessons as well! We have some bikes we can loan and we are happy for students to share but sorry no sharing of helmets.



Thank you for your ongoing support. I look forward to seeing our students and staff back in the classrooms.

With sincere gratitude,

*Katharine*

Katharine Sutherland, Principal

## Suggested Excursion Budgeting

### Canberra Nov 29<sup>th</sup> to Dec 3<sup>rd</sup>

Payments to be complete by Nov 19<sup>th</sup>.

\$550 over 8 school weeks

= \$68.75 per week

If meeting these payments cause any problems, please contact school.

## Share our Space

During the next holiday break, we will be opening our school playground to the Share Our Space initiative. This means that members of the community are welcome to come and use our playground during the holidays. If there are any security concerns please call 1300 880 021



## What's on at Orama Public School

### Term 3, 2021

Week 9	
Fri Sept 10 <sup>th</sup>	Life Ed Van <b>POSTPONED to term 4</b>
Week 10	
Fri Sept 17 <sup>th</sup>	Last Day term 3

### Term 4, 2021

Week 1	
Tue Oct 5 <sup>th</sup>	Students and teachers return
Week 2	
Tue Oct 12 <sup>th</sup>	Canteen- volunteer please
Week 4	
Tue Oct 26 <sup>th</sup>	Canteen- volunteer please
Fri Oct 29 <sup>th</sup>	SCU excursion- Yr 5/6
Week 5	
Tue Nov 5 <sup>th</sup>	Life Education
Week 6	
8 <sup>th</sup> - 12 <sup>th</sup> Nov	Swim Scheme
Week 7	
15 <sup>th</sup> -19 <sup>th</sup> Nov	Swim Scheme

Fri Nov 19 <sup>th</sup>	Yr 6 BHS Orientation
Week 8	
Tues Nov 23 <sup>rd</sup>	Canteen- volunteer please
Fri Nov 26 <sup>th</sup>	Yr 6 BHS Orientation
Week 9	
29 <sup>th</sup> Nov- 3 <sup>rd</sup> Dec	Canberra Excursion Yr 4-6
Week 10	
Tue Dec 7 <sup>th</sup>	Canteen- volunteer please
Week 11	
Wed Dec 15 <sup>th</sup>	2021 Presentation 2pm
Thurs Dec 16 <sup>th</sup>	Last Day 2021 for students
Fri Dec 17 <sup>th</sup>	School Development Day (teachers)

## Webinar for Parents

of 2 - 12 year olds

A webinar for parents to learn simple strategies to reduce anxiety and build resilience in your child

**ENROL NOW!**

# NO SCAREDY CATS

This interactive webinar offers parents of 2-12 year-olds reliable and easy-to-implement strategies to help parents identify and challenge anxious behaviours and build resilience in their child.

Presented by Michael Hawton, MAPS. Held over 3 interactive webinar sessions

**Thursdays 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> November 2021**

**From 6.30 - 8.45 PM AEST**

Over 3 sessions you will learn to:

- Identify and combat your child's anxious behaviours.
- Learn simple strategies to reduce anxiety.
- Build resilience in your child for greater social and academic success.
- Improve your parenting confidence and family bonds.

**Tickets on Sale**

~~\$99~~ per person  
**\$59**

"Good for learning practical aspects of parenting regarding building resilient kids - All with a neat scientific background to assist in understanding." **RHEA, PARENT**

"Very practical, user-friendly evidence based information to support parents, so they can better support their children." **TRACEY, SCHOOL PRINCIPAL**

Join over 110,000 parents who have already participated in our courses

Recommended by child & family specialists

<https://www.parentshop.com.au/no-scaredy-cats-for-parents/>