

Orama News

Orama Public School

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Term 3, Week 1 Monday July 20th, 2020



Orama Public School's teaching and learning environment has high expectations for students, staff and its community.

Welcome to Term 3

We are glad to be back to school with the anticipation that we can function with business as *un-usual*.

During today's School Development Day the staff were able to participate in a livestream state-wide event in preparation for the 2021 school planning processes, we completed a thorough audit of teaching and learning resources and they completed preparation for the term ahead.

COVID-19 restrictions

Unfortunately, the restrictions that we saw at the end of Term 2, still apply. Please avoid attending school if you can, however we have Visitor Acknowledgement Forms that we can ask parents to complete when necessary.

Student Resources

At the beginning of a new school term is always a good time to check to see that your child has all of the necessary tools for school. Pens, pencils and glue sticks are always needed.

Premier's Sporting Challenge

This year our school has registered to participate in the NSW Premier's Sporting Challenge.

The purpose of the Challenge is to encourage students to participate in sport and physical activity to lead a healthy lifestyle.

Over this term we will be monitoring physical activity levels during class time, at recess and lunch as well as during sport lessons. Physical activity outside school hours will also count

towards the Challenge award. The aim is to work towards an average at least 60 minutes of activity a day for ten weeks.

Students completing the Challenge will receive a personalised certificate (Diamond, Gold, Silver or Bronze), signed by the Premier of New South Wales.

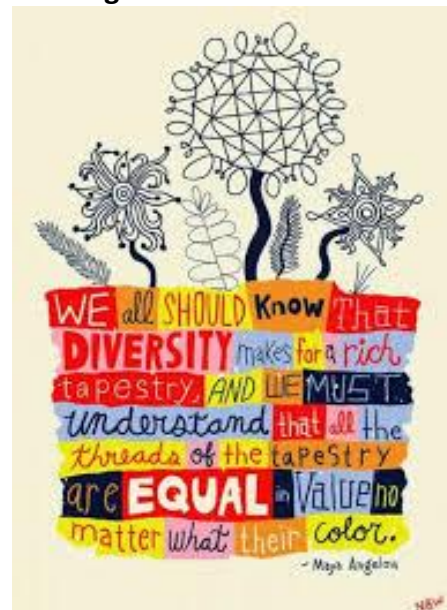
Physical activity is valued for its physical, social and emotional benefits. It also helps young people to develop communication skills, confidence and resilience.

We are looking forward to a busy and productive term!

Katharine

Katharine Sutherland, Principal

This fortnight's school value: DIVERSITY



Kindergarten 2021

Please see the information below for our START program. Could parents of potential START and/or 2021 students please advise us so we have resources ready?

What's on at Orama Public School

Term 3, 2020

Week 1	
Tues 21 st July	Students Return Term 3
Week 2	
Tues 28 th July	Canteen- volunteer please
Week 3	Education Week
Fri 7 th Aug	START Day
Week 4	
Tues 11 th Aug	Canteen- volunteer please
Week 6	Book Week
Tues 25 th Aug	Book Week Dress Up
	Canteen- volunteer please
Week 7	
Fri 4 th Sept	START Day
Week 8	
Tue 8 th Sept	Canteen- volunteer please
Week 10	
Tue 22 nd Sept	Canteen- volunteer please
Fri 25 th Sept	Last Day Term 3



Nutrition Snippet

The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

Healthy lunch boxes don't have to be boring.



We are very excited to bring you our new look [healthy lunch box website](http://healthy-lunch-box.com.au) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as **easy to freeze** and **quick and easy** recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](http://healthy-lunch-box.com.au) for ideas, updates and recipes delivered to your inbox throughout the year.

[Check out the new website now!](http://healthy-lunch-box.com.au)

healthy-lunch-box.com.au



Is your child starting Kindergarten next year?

Please call the school, visit our website or Facebook page for more information.

Prospective kindergarten students for 2021 please join us on the first Friday of each month from 11:30am – 2:40pm to participate in our

START at Orama Program

Term 3 dates for this year are:

- Friday 7th August
- Friday 4th September

No obligation to enrol. Just come and try it out ☺

Kindergarten Orientation days will happen in term 4. Dates TBA.



START at Orama Public School



Orama Public School, located in the Thora Valley, is set in beautiful bush surroundings next to the Bellinger River.

Orama Public School delivers a comprehensive curriculum which aims to support and encourage each child as an individual. A daily school bus services the school from Bellingen and the Thora Valley.