

Orama News

Orama Public School

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Term 4, Week 9 Monday December 7th 2020



Our staff use up-to-date evidence and resources to support school improvement and enhance the learning outcomes of our students.

RFS Visit

Our emergency drill and visit from the RFS were great opportunities to revisit fire safety in the home and school. We know that fire safety is still very much in our minds despite other world events. Speaking with your children about your own fire plan is important so they feel reassured. A guide on preparing a family bush fire plan can be found <https://www.rfs.nsw.gov.au/plan-and-prepare/prepare-your-family>



River Swimming Excursion

We are very excited to have our excursion to the Mylestom River pool on Friday November 11th. This will be a chance for students to use their river and water safety skills and to have some fun whilst we're at it! Students received their notes last week but they can also be found

<https://orama-p.schools.nsw.gov.au/events.html>

Notes and payment was due today. This event (and Thursday's River Swimming) will go ahead even with rainy weather. The only time it will be cancelled will be due to storms at the time of swimming.

Lunch Box Foods

We have noticed juice, cordial and sugary snacks making their way into lunch boxes on a daily basis. It is a great idea to keep these types of foods and drinks for the weekend. Visit <https://healthylunchbox.com.au/> for some delicious ideas. There is also a tip at the end of the newsletter.

School Development Days

At the end of term 4, two days are scheduled as School Development Days. The staff of Orama Public School have participated in twilight training sessions in School Planning, CPR and Seven Steps to Writing Success. The Professional Learning (in addition to the regular weekly professional learning) has meant the school is able to vary the last School Development Day of the year. Effectively the last day that staff will be officially on site in 2020 will be Thursday December 17th. Staff will officially be onsite on Wednesday 27th January. The school email will be monitored periodically during January.

Virtual Excursion LS2

LS2 had their chance to engage in a Virtual Excursion with the Powerhouse Museum on Tuesday. Students engaged with Stuart Anderson of Flow Hive. We heard about their initial ideas for the hives and how a long 5-8 year process

with many prototypes, they settled on their first successful design. He spoke about the need to fail and refine their thoughts and designs. We asked a number of questions about the design and the nature of bees. Many of our questions were answered (the VE was attended by schools all over Australia). We're looking forward to creating our own environment that is a healthy one for bees.



Have an amazing week,

Katharine

Katharine Sutherland, Principal

Week 8, Term 4 Awards

LS1 Respect Award: Sam for respecting himself and speaking up

LS1 Achievement Award: Sienna for managing her time well

LS2 Respect Award: Mitch an amazing improvement in self-respect

LS2 Achievement Award: Tye for finding that with a little effort he finds success

Lexia Awards: Edyn and Tane

Turtle Tickets: Sam and Kye

Fish Bits: Sarah Jane and Eden

This fortnight's school value: **RESPONSIBILITY**

KIDS AFFIRMATIONS

I believe in myself.

I love to learn new things.

I am healthy and happy.

I love making new friends.

I have the confidence to be myself.

I can do anything I set my mind to.

I am smart and make good choices.

I deserve good things to happen in my life.

I am grateful for my friends and family.

My life is fun and filled with joy.

motivationping.com

What's on at Orama Public School Term 4, 2020

Week 9	
Thurs Dec 10 th	-Kinder 2021 Orientation Day -River Swimming
Fri Dec 11 th	-River Swimming Excursion
Week 10	
Tue Dec 15 th	-Presentation 2pm -Students receive their reports
Wed Dec 16 th	Last day Term 4 for students
Thurs Dec 17 th	Staff School Development Day

Term 1, 2021

Week 1	
Jan 27 th and 28 th	Staff only School Development Days
Fri Jan 29 th	Years 1-6 return
Week 2	
Mon Feb 1 st	Kindergarten Students begin
Mon Feb 2 nd	Canteen Volunteer please

Try getting your kids to help you make up their lunch boxes. They're more likely to eat their food if they helped make it.



EXAMPLE 2

- Snow peas
- Strawberries
- Grated cheese (reduced fat)
- Wholegrain roll with mashed hardboiled egg, light mayonnaise and lettuce
- Tzatziki dip
- Carrot sticks
- Tap water