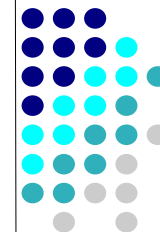


START

School Transition And Readiness Training
at Orama



Orama Public School

Together in Friendship
We Learn

Orama Public School
1098 Darkwood Road Thora NSW 2454
Phone: 66558567 Fax: 66558637 email:
orama-p.school@det.nsw.edu.au



**Please contact the school to
register your interest.**

Principal: Liz Arnold
Orama Public School
1098 Darkwood Road Thora NSW 2454
Phone: 66 558567 Fax: 66558637 email:
orama-p.school@det.nsw.edu.au

Enquiries welcome.

Visit our website:

<http://www.orama-p.schools.nsw.edu.au/>

START

School Transition And Readiness Training at Orama



When:

The first Friday of the month.
11:15am -2:40pm

Where:

Orama Public School

Who: for children 3 years and over, starting kindergarten in 2017.

No obligation to enrol.

Just come and try it out!

What to bring:

- small bag with packed recess and lunch
- water bottle
- wide brim hat
- spare pair of clothes/ underwear
- sensible footwear and clothes for playing, running and jumping!

Program Outline

11:15am Pre-school students arrive.

- **recess time: eat and play**

11:30am—1:00pm: Pre-school students join the K-2 class.

- **shared story**
- **Play-based learning activities**

Engaging in play based learning enables children to use and develop thinking skills such as problem solving, reasoning and lateral thinking. It offers opportunities to interact with others, develop communication strategies and work in collaboration with peers and adults. It can foster literacy, numeracy and the development of scientific concepts. As children are empowered to make decisions and initiate play, they become confident and motivated learners. This in turn fosters responsibility and self regulation. Play also provides children with many opportunities to resolve conflict, challenge unfair play and embrace diversity.

*(Reference: Play-based Learning, by Debbie Cole
link: <http://www.ascotkindergarten.vic.edu.au/wp-content/uploads/2012/05/Play-based-learning.pdf>)*

1:00 - 1:30pm Lunch time.

- **eat and play**

1:30 - 2:40pm

- **Gross motor activities and fundamental movement skills session**

Gross motor skills are important prerequisites for the fine motor skills needed in the classroom setting. Learning situations require sitting on the floor and at desks, attention and concentration. These situations require:

- Core stability
- Balanced and bilateral coordination
- Trunk rotation and midline crossing
- Motor planning

Fundamental movement skills are the building blocks of movement and allow for successful participation in games, sports and other activities. These activities assist with body/spatial awareness and motor planning ability. Motor Planning is the ability to conceive, organise and carry out a sequence of unfamiliar actions. These activities may assist to regulate a child's level of alertness/availability for learning.